

## Your Life Purpose

1. Who are you? What is your name?	
2. What do you do? What do you love to do? What is the one thing right now that you feel supremely qualified to teach other people?	
3. Who do you do it for?	
4. What do those people want or need? . . . that they can come to you and can give it to them?	
5. How do they change or transform as a result of what you give them? What do they get out of it? How will they change?	

NOTES: Your Discovery . . .

Only two of these questions are about yourself.  
The other two are about other people.

Happier people make other people feel happy.  
Life teaches us that we, too, will be taken care of,  
too.

“So what do you do?”  
How do you define yourself?

Just give the answer to question #5.

Examples:  
“I write children’s books to help them dream  
better.”

What is your Life Purpose? Write it in the box  
to the right → → →